

2017 Challenge Events

Help spread smiles and sunshine in 2017





2017 Challenge Events

To register your interest in any of these events please contact Rays of Sunshine on: 020 8782 1171 events@raysofsunshine.org.uk

January

7 January
Great Winter Run,
Edinburgh

29 January
Hyde Park 10k, London

29 January
Tough Guy--The Original,
Wolverhampton

February

12 February
Barcelona Half Marathon

March

5 March
Paris Half Marathon

12 March
North London Half
Marathon, Wembley

12 March
Barcelona Marathon

12 March
Adidas Silverstone
Half Marathon

April

2 April
Manchester Marathon

8 April
Spartan Race Sprint, London

9 April
Yorkshire Half Marathon

23 April
Virgin Money London
Marathon

30 April
Run Hackney Half Marathon

May

1 May
MK Super Hero Run,
Milton Keynes

6 and 7 May
Tough Mudder
London West

28 May
Edinburgh Marathon

29 May
London 10,000

June

17 June
Toughest, East Sussex

24 June
Gauntlet Games, London

■ 5k ■ 10k ■ Half Marathon ■ Marathon ■ Cycle ■ Obstacle Race ■ Fun run ■ Triathlon ■ Trek

July

22 July
Gauntlet Games, Cardiff

29 and 30 July
Tough Mudder,
Yorkshire

30 July
Prudential RideLondon

August

5 August
Bear Grylls Survival Races,
5 and 10k, Cambridge

12 August
Mudnificent 7,
Warwickshire

19 August
Superhero Tri, Windsor

September

9 and 10 September
Tough Mudder North West

10 September
Great North Run, Newcastle

23 and 24 September
Tough Mudder London South

30 September
Spartan Beast, Windsor

30 September
Bear Grylls Survival Races,
5 and 10k, London

October

1 October
Spartan Sprint, Windsor

7 October
Supernova Fun Run,
Bournemouth

8 October
Royal Parks, Half Marathon

8 October
Bournemouth Marathon

8 October
Chester Marathon

November

11 to 19 November
Sarahah Trek, Morocco

December

3 December
Santa Run, London

3 December
Santa Dash, Liverpool